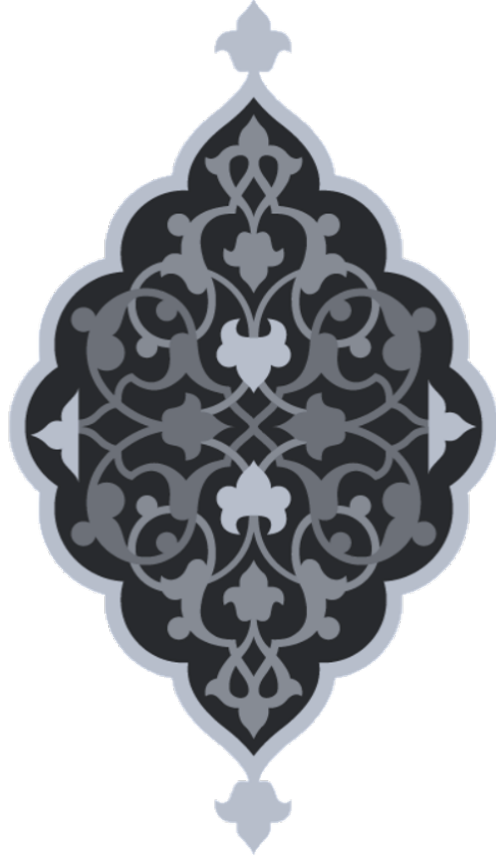


# الأذكار اليومية



DAILY REMEMBRANCES



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For a soft copy, see: [www.shaykhmokhtar.com](http://www.shaykhmokhtar.com)



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



## PREFACE

Everything that exists — material or abstract — is in a state of Allah’s remembrance (*dhikr*). “*And there is not a thing that does not glorify His praise, except you do not understand how.*”<sup>1</sup> How can I choose to remain unresponsive to such a majestic cosmic chorus proclaiming Allah’s unicity?

Our Master Muhammad ﷺ remembered Allah unceasingly: “*My eyes sleep, but my heart does not.*”<sup>2</sup> Indeed, every moment of his sublime life was the effect of a heart fully immersed, inexpressibly so, in Divine remembrance (*dhikr*).

To thus seek a heart (*qalb*) awakened and enlivened with Allah’s remembrance (*dhikr*) is to emulate his *Sunna* ﷺ. I must never forget: My heart (*qalb*) is my most precious gift — the seat of my cognition, emotion and will. With it, I perceive, experience and seek the Infinite.

My heart’s heedlessness of Allah (*ghafla*) is the source of every harm; to forget Him is to forego all grace and goodness. The unpleasant reality of my attachments is that I remember what I love. My myriad intimate, inner affinities drive my thoughts, feelings, choices, actions and, ultimately, my style of life.

There is no surer way to correct my course than Allah’s remembrance (*dhikr*). For in striving to remember Him with my tongue and senses, I am constantly orienting

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<sup>1</sup> *Qur’an*: 17:44

<sup>2</sup> *Al-Bukhari, Muslim, Al-Tirmidhi, Abu Dawud, and Al-Nasa’i*

and reorienting my heart (*qalb*) upon the sole Source of my existence and subsistence, its ultimate aim and end, its true felicity and freedom.

The cleansing of my heart's faculties is the essence of Islam's spiritual dimension, *al-Ihsan*, and the purification of the self (*tazkiyat al-nafs*). The Messenger ﷺ lovingly reminds us that there is no more effective purifier and polisher of the heart than Divine remembrance (*dhikr*).<sup>3</sup>

The texts are prolific on the virtues of Divine remembrance (*dhikr*). For example, the Qur'an exhorts us to be in abundant remembrance: "*O you who believe, remember Allah profusely.*"<sup>4</sup> Unlike any other act of worship, Divine remembrance may be practiced under any condition, circumstance and context. It is encouraged unrestrictedly because, it might be said, its merit is limitless.

And what can be a more poignant motivation to remember Allah — the Infinite in majesty and beauty, the Self-Sufficient, without need, the Owner and Dispenser of every largesse — than to be remembered by Allah Himself? "*Remember Me, I will remember you.*"<sup>5</sup>

Human beings are, however, forgetful and easily distracted. To keep the Divine foremost in my heart (*qalb*), and resist the powerful entropies of my base self and my hyper-materialistic milieu, our spiritual teachers have advised a daily regime, or litany of remembrance (*wird*), as an essential element of a quality life worth living.

What you are holding is a litany (*wird*) compiled by Shaykh Mokhtar Maghraoui, to be read daily in the morning and evening, and after each *salah*. It contains, almost entirely, remembrances (*adhkar*) and supplications (*du'a'*) from the Messenger ﷺ; a few selections from our earlier scholar-saints (in particular, four very meritorious prayers upon the Messenger ﷺ); as well as some of Shaykh

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<sup>3</sup>*Al-Bayhaqi (Al-Da'awat al-Kabir)*

<sup>4</sup> *Qur'an*: 33:41

<sup>5</sup> *Qur'an*: 2:152

Mokhtar’s personal additions to cure diseases of the heart (*qalb*). Additionally, you will find a litany (*wird*) for the blessed day of Friday and some suggested additional daily remembrances.

This particular litany (*wird*) was a foundational element of the in-person *Suhba Fellowship Program* in Istanbul, and now its successor, the global *Suhba Online* program. Students learn it gradually over the course of a year, incorporate it into their lives, and recite it communally in the online *Weekly Remembrance Circle*.

May Allah help us summon the sincerity, resolve and perseverance to make this litany (*wird*) our life-long companion. Our scholar-saints teach that the gift of constancy in Divine remembrance is the royal edict of a relationship of intimate-friendship (*wilaya*) with Allah. May we be of them, by His solicitous grace. *Amīn*.





## BUILDING A LIFELONG HABIT OF DIVINE REMEMBRANCE *Guidelines and Advice*

### *On the Morning and Evening Adhkār*

As we are instructed in the Qur'an, and as was the practice of the Messenger ﷺ, the morning *adhkar* should ideally be read after *Fajr* and before sunrise, but it may be read later in the morning. Similarly, the evening *adhkar* should ideally be read soon after 'Asr and before *Maghrib*, but it may be read anytime in the evening.

The *adhkar* – which include supplications, glorifications, gratitudes, and affirmations – are meant both as a protection and source of *baraka* (blessings) for our day. When a specific virtue or reward has been mentioned in the *Sunna*, it was included in the booklet.

Some *adhkar* are to be recited both in the morning and evening, with the number of repetitions indicated under the translation. The bolded elements in some *adhkar* indicate what words are to be substituted or added in the evening recitation.

Most of the *adhkar* in the litany (*wird*) come from the *Sunna* of the Messenger ﷺ. Unreferenced *adhkar* are either those of our saintly scholars of the past or the personal *adhkar* of Shaykh Mokhtar Maghraoui.

When trying to develop the habit of reciting the litany, some have found it easier to attach the morning and evening *adhkar* to an already existing habit, like one of the obligatory prayers. If need be, one may read these *adhkar* while walking, driving, cooking or while working.

### ***On the After Ṣalāh Adhkār***

The after *salah adkhar* should be read after every obligatory *salah*, preferably while staying in the same spot where one has prayed. There is a *hadith* which states that the angels continue to supplicate for the one who finishes his prayer and remains in *dhikr* of Allah, until he stands and leaves his place of prayer.<sup>6</sup>

Some of the *adhkar* are only recited at *Fajr* and/or *Maghrib*. Both the number of repetitions and the time to read each of the *adhkar* are indicated under the translation.

### ***On the Friday Adhkār***

In Islam, Friday is the ‘*Eid* of the week. The day of *Jumu‘a* – literally, the day of gathering – is a day of communal gathering for the Friday prayer, as it is, essentially, the gathering of our hearts and minds upon Allah. There is no greater gift than a heart gathered in *jam‘*, or focus, on the Divine.

The *wird* of *Jumu‘a* is instrumental in fostering this spiritual focus and extending it during the next week. Among the richest benefits of this *wird* is that the practice of sending *salawat* upon the Messenger ﷺ on this day should energize me to take *salawat* as an essential *wird* of *dhikr* and *du‘a*’ everyday.

### ***On the Additional Recommended Daily Adhkār***

The four recommended formulae of *adhkar* have great spiritual merit and may be done in one or more sittings during the day, or while going about one’s daily tasks. In establishing a *wird* habit, the morning and evening *adhkar*, and the after *salah adhkar*, should be prioritized.

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<sup>6</sup>*Al-Bukhari and Muslim*



## *General Advice for Spiritual Benefit*

As you start incorporating these *adhkar* in your day, you will start feeling their effect both on yourself and on those around you. Start slowly. Read what you can. Then build up gradually. Allah loves those deeds that are done consistently, even if small.<sup>7</sup> You can read from the booklet or from a soft copy on your mobile phone.

If you have other friends or family members who want to also build the habit of *dhikr*, some have found great strength in reading the *adhkar* audibly, together. Reading the *adhkar* together as a family is a highly recommended and effective way to introduce the *adhkar* to our children.

Do not worry about fluency in the beginning. Fluency and memorization will be achieved through repetition. May Allah remove the knots in our tongue and multiply our rewards according to our efforts! When one becomes familiar with the morning and evening *adhkar*, its completion should take 15–20 minutes, *insha'Allah*. The *adhkar* after salah will take about 5–7 minutes, *insha'Allah*,

Many students find it challenging to read Arabic. But do not let that be an impediment. We have prepared an audio recording of both the morning and evening and the after *salah adhkar* at [www.shaykhmokhtar.com](http://www.shaykhmokhtar.com). We encourage you to follow along until you find comfort in reading by yourself.

To achieve maximum benefit, we suggest the following:

1. Although not necessary, it is recommended to be in *wudu'* and to face the *Qibla*.
2. Try to understand the meaning of what you recite. The translation has been included for this purpose. This takes time, but it will get easier with practice.

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<sup>7</sup> *Ibn Majah*

Focusing on the meanings is a powerful way to focus the heart and allow the *dhikr* to affect and illuminate us.

3. Do not be hasty in reading the *adhkar*. Try to remain aware that Allah is Ever-Watchful of your senses and heart (*qalb*). This is called Divine Mindfulness (*muraqaba*) and is an essential dimension of any act of worship.
4. Familiarize yourself with the virtues of reading the *adhkar*. They have been included in the book to give us spiritual momentum and resolve for *dhikr*.
5. Supplicate to Allah to give you grace and constancy from Him.

There is an Arabic only version of the *adhkar* litany at the back of the book. A *pdf* copy of the book can also be downloaded from [www.shaykhmokhtar.com](http://www.shaykhmokhtar.com).



## MORNING AND EVENING ADHKĀR

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ (3)

I seek refuge in the perfect words of Allah from the evil of His creation.

**Three times** in the evening

*Muslim.* Whoever recites this in the evening will not be harmed by anything.



بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ إِسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ (3)

In the name of Allah, with Whose Name nothing harms in the earth nor in the heavens, and He is the All-Hearing, the All-Knowing.

**Three times** in the morning and evening

*Al-Tirmidhi and Abu Dawud.* Whoever reads this three times in the morning and evening will not be harmed by anything, and will not be afflicted by a sudden calamity.



حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (7)

Allah is sufficient for me. There is none to be worshiped besides Him. Upon Him do I place my reliance, and He is the Lord of the Exalted Throne.

**Seven times** in the morning and evening

*Ibn al-Sunni.* Whoever recites this, Allah will suffice him all his concerns of this world and the Next.



اللَّهُمَّ بِكَ أَصْبَحْنَا وَأَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ الْمَصِيرُ

*Abu Dawud, Al-Tirmidhi, Ibn Majah and Others.* O Allah, by You we have reached the morning/**evening** and by You we have reached the evening/**morning**. By You we live, by You we die and to You is the Resurrection/**journey's end**.



أَصْبَحْنَا وَأَمْسَيْنَا عَلَى فِطْرَةِ الْإِسْلَامِ، وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَعَلَى مِلَّةِ أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

*Al-Nasa'i, Musnad Ahmad, Ibn al-Sunni.* We have reached the morning/**evening** upon the innate purity of Islam, upon the word of truthful devotion, and upon the way of life of our Prophet Muhammad, peace be upon him, and the path of our father Ibrahim, who surrendered lovingly and completely to Allah and was not of those who associate partners with Him.



اللَّهُمَّ مَا أَصْبَحَ أَمْسَى بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ، فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

O Allah, whatever grace I find this morning/**evening**, or any of Your creation finds, is only from You, without partner. To you belong all praise and gratitude.

*Al-Nasa'i, Abu Dawud, Ibn Hibban.* Whoever recites this in the morning has discharged the right of gratitude upon him for the day; and whoever recites it in the evening has discharged the right of gratitude upon him for the evening.



اللَّهُمَّ إِنِّي أَصْبَحْتُ أَمْسَيْتُ أَشْهَدُكَ، وَأُشْهَدُ حَمَلَةَ عَرْشِكَ، وَمَلَائِكَتَكَ، وَجَمِيعَ خَلْقِكَ، أَنْتَ  
أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ، وَأَنَّ [سَيِّدَنَا] مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ (4)  
O Allah, I have reached the morning/evening summoning You to bear witness,  
summoning the bearers of Your Throne, Your angels, and all of Your creation to  
bear witness that You are Allah, singularly worthy of worship, without partner, and  
that [our Master] Muhammad is Your servant and Messenger.

**Four times** in the morning and evening

*Al-Nasa'i, Al-Tirmidhi, Abu Dawud.* Whoever recites this upon waking, Allah will  
forgive him any sins that he commits that day; and if he recites it in the evening,  
Allah will forgive him any sins he commits that night. Additionally, whoever  
recites it once, Allah will free a fourth of him from the Fire; whoever recites it  
twice, Allah will free half of him from the Fire; whoever recites it three times,  
Allah will free a third of him from the Fire; and whoever recites it four times, Allah  
will free all of him from the Fire.



رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَ[بِسَيِّدِنَا] مُحَمَّدٍ [صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ] نَبِيًّا وَرَسُولًا (3)  
I am pleased with Allah as Lord, Islam as a way of life, and [Our Master]  
Muhammad [peace be upon him] as a Prophet and Messenger.

**Three times** in the morning and evening

*Al-Tirmidhi, Abu Dawud, Al-Nasa'i.* Whoever recites this, Allah has made it  
obligatory upon Himself to please him on the Day of Judgment. Additionally, Allah  
has made Paradise obligatory upon the one who recites this.



اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا أَسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي، فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

O Allah, You are my Lord. There is none to be worshiped besides You. You created me and I am Your servant. I strive to abide by Your covenant and pledge as best I can. I seek refuge in You from the evil that I have committed. I acknowledge Your favor upon me and I confess my sin. Forgive me, for none forgives sins except You.

*Al-Bukhari.* The Messenger ﷺ called this supplication *Sayyid al-Istighfar* — *The Master of Supplications in Seeking Forgiveness*. If one recites it with certainty in the evening and dies that evening, he will enter Paradise; likewise, if one recites it with certainty during the morning and dies during that day, he will enter Paradise.



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ الْفَاتِحِ لِمَا أُغْلِقَ، وَالْخَاتِمِ لِمَا سَبَقَ، نَاصِرِ الْحَقِّ بِالْحَقِّ، وَالْهَادِي إِلَى صِرَاطِكَ الْمُسْتَقِيمِ، وَعَلَى آلِهِ حَقَّ قَدْرِهِ وَمَقْدَارِهِ الْعَظِيمِ (10)

O Allah, send Your salutations of peace upon our Master Muhammad – the Opener of what was closed, the Seal of what came before, the Victor of the Truth by the Truth, and the Guide to Your Straight Path – and upon his family, as befitting his immense stature and eminence.

This formula of *salawat*, called *Salat al-Fatih*, is attributed to numerous saintly scholars, all of whom report immense virtue in its recitation. Among them: erasure of sins; resolution of worries, difficulties and troubles; acceptance of supplications; realization of hopes and aspirations; ease of provision; and spiritual purification.

**Ten times** in the morning and evening



سُبْحَانَ اللَّهِ عَدَدَ خَلْقِهِ، سُبْحَانَ اللَّهِ رِضَا نَفْسِهِ، سُبْحَانَ اللَّهِ زِنَةَ عَرْشِهِ، سُبْحَانَ اللَّهِ مِدَادَ

كَلِمَاتِهِ (3)

Transcendent is Allah, with the number of His creation. Transcendent is Allah, with the satisfaction of His Being. Transcendent is Allah, by the magnitude of the weight of His Throne. Transcendent is Allah, by the ink of His Words and signs.

**Three times** in the morning and evening

*Muslim.* Allah's Messenger ﷺ left Sayyida Juwayriyya bint al-Harith, the Mother of the Believers (may Allah be pleased with her), as she was busy observing her dawn prayer in her place of worship. He returned around midday to find her still in her place. He asked her whether she remained in the same position as when he had left. She replied yes. He said that he ﷺ recited four phrases, three times — the above *dhikr* in its entirety — after he left her and they outweighed all that she had recited since morning.



الْحَمْدُ لِلَّهِ عَدَدَ خَلْقِهِ، الْحَمْدُ لِلَّهِ رِضَا نَفْسِهِ، الْحَمْدُ لِلَّهِ زِنَةَ عَرْشِهِ، الْحَمْدُ لِلَّهِ مِدَادَ كَلِمَاتِهِ (3)

*Al-Nasa'i.* All praise belongs to Allah, with the number of His creation. All praise belongs to Allah, with the satisfaction of His Being. All praise belongs to Allah, by the magnitude of the weight of His Throne. All praise belongs to Allah, by the ink of His Words and signs.

**Three times** in the morning and evening



لَا إِلَهَ إِلَّا اللَّهُ عَدَدَ خَلْقِهِ، لَا إِلَهَ إِلَّا اللَّهُ رِضًا نَفْسِهِ، لَا إِلَهَ إِلَّا اللَّهُ زِينَةَ عَرْشِهِ، لَا إِلَهَ إِلَّا اللَّهُ مِدَادَ

كَلِمَاتِهِ (3)

*Al-Nasa'i*. There is no god worthy of worship besides Allah, with the number of His creation. There is no god worthy of worship besides Allah, with the satisfaction of His Being. There is no god worthy of worship besides Allah, by the magnitude of the weight of His Throne. There is no god worthy of worship besides Allah, by the ink of His Words and signs.

**Three times** in the morning and evening



اللَّهُ أَكْبَرُ عَدَدَ خَلْقِهِ، اللَّهُ أَكْبَرُ رِضًا نَفْسِهِ، اللَّهُ أَكْبَرُ زِينَةَ عَرْشِهِ، اللَّهُ أَكْبَرُ مِدَادَ كَلِمَاتِهِ (3)

*Al-Nasa'i*. Allah is greater, with the number of His creation. Allah is greater, with the satisfaction of His Being. Allah is greater, by the magnitude of the weight of His Throne. Allah is greater, by the ink of His Words and signs.

**Three times** in the morning and evening



لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ، عَدَدَ مَا خَلَقَ فِي السَّمَاءِ، وَعَدَدَ مَا خَلَقَ فِي الْأَرْضِ، وَعَدَدَ

مَا خَلَقَ بَيْنَهُمَا، وَعَدَدَ مَا هُوَ خَالِقٌ (3)

*Abu Dawud and Al-Tirmidhi*. There is no power [to draw benefit] or might [to repel harm] except by Allah, with the number of what He has created in the Heaven, and with the number of what He has created in the Earth, and with the number of what He has created in between them, and with the number of what He has created [in its entirety].

**Three times** in the morning and evening





لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ (7)

There is none to be worshiped besides Allah, the Sovereign, the Manifest Truth.

**Seven times** in the morning and evening

*Abu Nu'aym (Hilyat al-Awliya').*



أَصْبَحْنَا وَأَصْبَحَ الْمَسِيحُ وَالْمَلِكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا النَّهَارِ أَهْدِيهِ اللَّيْلَةَ وَخَيْرَ مَا بَعْدَهُ مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا النَّهَارِ أَهْدِيهِ اللَّيْلَةَ وَشَرِّ مَا بَعْدَهُ مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ

*Muslim.* We have reached the morning/**evening** and all sovereignty belongs to Allah, and all praise and gratitude is for Allah. There is none to be worshiped except Allah – He is singularly worthy of worship, without partner. To Him belongs all sovereignty and praise and He has power over all things. My Lord, I ask You for the good of this day/**night** and the good to come after it; and I seek refuge in You from the evil of this day/**night** and the evil of what comes after it. My Lord, I seek refuge in You from laziness and the toils of old age. My Lord, I seek refuge in You from torment in the Fire and punishment in the grave.



أَصْبَحْنَا وَأَصْبَحَ/أَمْسَيْنَا وَأَمْسَى الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ/هَذِهِ  
الَّيْلَةِ، فَتَحَهُ/فَتَحَهَا، وَنَصْرَهُ/وَنَصَرَهَا، وَنُورَهُ/وَنُورَهَا، وَبَرَكَتَهُ/وَبَرَكَتَهَا، وَهُدَاهُ/وَهْدَاهَا، وَأَعُوذُ بِكَ  
مِنْ شَرِّ مَا فِيهِ/فِيهَا وَشَرِّ مَا بَعْدَهُ/بَعْدَهَا

*Abu Dawud.* We have reached the morning/**evening** and all sovereignty belongs to Allah, the Lord of the Worlds. O Allah, I ask You for the good of this day/**night** — its opening, its victory, its light, its blessing, and its guidance. And I seek refuge in You from the evil of what it contains and the evil of what comes after it.



اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ رَبِّ كُلِّ شَيْءٍ وَمَلِيكَهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا  
أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشُرَكَهِ [وَشُرَكَهِ]، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا  
أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

O Allah, Knower of the unseen and the manifest, Originator of the Heavens and the earth, Lord and Sovereign of all things, I bear witness that there is nothing to be worshiped besides You. I seek refuge in You from the evil of my lower self, and the evil of Satan and his association [and his snare]; and that I should transgress evil against myself or perpetrate such upon a Muslim.

*Abu Dawud, Al-Tirmidhi, Musnad Ahmad.* Sayyiduna Abu Bakr (Allah be pleased with him) reported that Allah's Messenger ﷺ commanded him to recite this in the morning, evening and when he retired to bed.



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي  
وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي، وَأَحْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي  
وَعَنْ يَمِينِي وَعَنْ شِمَالِي وَمِنْ فَوْقِي وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

O Allah, I ask You for pardon and freedom from all harm in this life and the Next.

O Allah, I ask You for pardon and freedom from all harm in my religion, my worldly affairs, my family and my wealth. O Allah, conceal my defects and deficiencies and transform my fears into peace and security. Guard me in front of me and behind me, from my right and from my left, from above me, and I seek refuge in Your Greatness that I be seized from beneath me.

*Abu Dawud, Al-Nasa'i, Ibn Majah, Ibn Hibban.* It was related that the Messenger ﷺ never omitted this supplication in the morning and evening.



اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، عَلَيْكَ تَوَكَّلْتُ وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ، مَا شَاءَ اللَّهُ كَانَ، وَمَا لَمْ  
يَشَأْ لَمْ يَكُنْ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. أَعْلَمُ أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَأَنَّ اللَّهَ قَدْ  
أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا، وَأَحْصَى كُلَّ شَيْءٍ عَدَدًا. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ  
كُلِّ ذَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا، إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ (3)

O Allah, You are my Lord. There is none to be worshiped except You. Upon You I place my reliance, and You are the Lord of the Tremendous Throne. What Allah wills will be, and what He does not will, will not be. There is no power or ability except by Allah, the Exalted, the Tremendous. I know that Allah has power over all things, and that Allah has encompassed all things in knowledge and has enumerated all things in number. O Allah, I seek refuge in You from the evil of my lower self and from the evil of every creature that You have grasped in control by their forelock. Verily, my Lord is upon a straight path.

**Three times** in the morning and evening

*Ibn al-Sunni*. Whoever recites this in the morning, no calamity will afflict him until the evening; and whoever recites it in the evening, no calamity will afflict him until he rises the next day. In another version: Whoever recites these words when he rises, nothing that he dislikes will affect his family or wealth.



اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ (3)

*Al-Nasa'i, Abu Dawud, Musnad Ahmad*. O Allah, grant me well-being in my body. O Allah, grant me well-being in my hearing. O Allah, grant me well-being in my sight. There is none to be worshiped except You.

**Three times** in the morning and evening



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ وَأَعُوذُ بِكَ مِنْ عَذَابِ فِي الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ (3)

*Al-Nasa'i, Abu Dawud, Musnad Ahmad*. O Allah, I seek refuge in You from disbelief and poverty, and I seek refuge in You from the punishment of the grave. There is none to be worshiped besides You.

**Three times** in the morning and evening



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْأَرْبَعِ: مِنْ عِلْمٍ لَا يَنْفَعُ، وَمِنْ قَلْبٍ لَا يَخْشَعُ، وَمِنْ نَفْسٍ لَا تَشْبَعُ، وَمِنْ  
دُعَاءٍ لَا يُسْمَعُ

*Abu Dawud, Al-Nasa'i, Musnad Ahmad and Others.* O Allah, I seek refuge in You from four: knowledge which does not benefit, a heart which is not in reverential awe of You, a lower self that is never satisfied, and a supplication which is not heard.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ سَمْعِي، وَمِنْ شَرِّ بَصَرِي، وَمِنْ شَرِّ لِسَانِي، وَمِنْ شَرِّ قَلْبِي، وَمِنْ شَرِّ  
مَنْبِي

*Abu Dawud, Al-Tirmidhi, Musnad Ahmad.* O Allah, I seek refuge in You from the evil of my hearing, the evil of my sight, the evil of my tongue, the evil of my heart, and the evil of my sexual fluid [or desire].



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ فَرْجِي، وَمِنْ شَرِّ بَطْنِي، وَمِنْ شَرِّ قَدَمَيْي، وَمِنْ شَرِّ يَدَيْي، وَمِنْ شَرِّ  
شَهْوَتِي، وَمِنْ شَرِّ هَوَاي

O Allah, I seek refuge in You from the evil of my sexual organs, the evil of my stomach, the evil of my feet, the evil of my hands, the evil of my carnal desires, and the evil of my inclinations.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شُحِّ مَطَاعٍ، وَمِنْ هَوَى مُتَّبَعٍ، وَمِنْ دُنْيَا مُؤْتَرَةٍ، وَمِنْ إِعْجَابِي بِنَفْسِي،  
وَمِنْ إِعْجَابِي بِرَأْيِي

O Allah, I seek refuge in You from a covetousness that is obeyed, an inclination that is followed, a worldly interest that is preferred, and my admiration of my self and my opinions.

*Abu Dawud, Al-Bazar, Al-Tabarani.* Covetousness that is obeyed, an inclination that is followed, and admiration of one's self and opinions are destructive vices.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الْأَخْلَاقِ، وَالْأَعْمَالِ، وَالْأَهْوَاءِ، وَالْأَدْوَاءِ

*Al-Tirmidhi, Ibn Hibban, Al-Tabarani.* O Allah, I seek refuge in You from reprehensible character, actions, caprice and disease.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشَّكِّ وَالشَّرْكِ وَالنِّفَاقِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالشَّقَاقِ

O Allah, I seek refuge in You from doubt, associating partners with You, and hypocrisy. O Allah, I seek refuge in You from disbelief and divisiveness.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكِبْرِ وَالْعُجْبِ وَالْغُرُورِ وَمِنَ السُّمْعَةِ وَالرِّيَاءِ وَالْخِيَلَاءِ

O Allah, I seek refuge in You from arrogance, self-admiration, self-delusion, desire for reputation, ostentation, and conceit



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْحِرْصِ وَالْحَقْدِ وَالْحَسَدِ وَالطَّمَعِ

O Allah, I seek refuge in You from greed, malice, violent envy and covetousness.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْغِلِّ وَالْغِشِّ وَالْعَدْرِ وَمِنَ الْكَذِبِ وَالْخَدِيعَةِ وَالْخِيَانَةِ

O Allah, I seek refuge in You from rancor, fraud, deception, lying, duplicity, and treachery.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَدَآءِ وَالْجَفَآءِ وَقِلَّةِ الْحَيَآءِ وَقِلَّةِ الْوَفَآءِ

O Allah, I seek refuge in You from obscenity, harshness, a deficiency of modesty, and a lack of fidelity.



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ  
وَالْبُخْلِ، وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

O Allah, I seek refuge with You from consternation and grief, and I seek refuge with You from incapacity and laziness, and I seek refuge with You from cowardice and miserliness, and I seek refuge with You from being overwhelmed by debt and from being subdued by men.

*Abu Dawud.* For the one who recites this, Allah will relieve his worries and concerns, and discharge his debt.



اللَّهُمَّ طَهِّرْ قَلْبِي مِنْ كُلِّ دَاءٍ، اللَّهُمَّ زَيِّنْ قَلْبِي لَكَ وَلِيَوْمِ الْعَرْضِ عَلَيْكَ

O Allah, purify my heart from every ailment, and adorn my heart for You and for the Day I will be presented to You.



اللَّهُمَّ أَقْمِنِي بِصِدْقِ الْعُبُودِيَّةِ بَيْنَ يَدَيْكَ، اللَّهُمَّ اجْعَلْنِي أَعْبُدُكَ كَأَنِّي أَرَاكَ

O Allah, establish me in sincere worship before You. O Allah, grant me to worship You as though I witness You.



أَهْدِنِي لِأَحْسَنِ الْأَخْلَاقِ، لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ، وَأَصْرِفْ عَنِّي سَيِّئَهَا لَا يَصْرِفُ [اللَّهُمَّ] عَنِّي سَيِّئَهَا إِلَّا أَنْتَ، لَبَّيْكَ وَسَعْدَيْكَ، وَالْخَيْرُ كُلُّهُ بِيَدَيْكَ، وَالشَّرُّ لَيْسَ إِلَيْكَ، أَنَا بِكَ وَإِلَيْكَ، تَبَارَكْتَ وَتَعَالَيْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

*Muslim.* O Allah, guide me to the most beautiful character, for none can guide to the most beautiful character except You. And avert me from evil character, for none can avert it except You. I stand at Your service with happiness and joy. All good is in Your Hand. Evil is not from You. I am by You and for You. Blessed and Exalted are You. I seek Your forgiveness and I turn to You in repentance.





اللَّهُمَّ إِنِّي ضَعِيفٌ فَقَوِّ فِي رِضَاكَ ضَعْفِي، وَخُذْ إِلَى الْخَيْرِ بِنَاصِيَتِي، وَأَجْعَلِ الْإِسْلَامَ مُنْتَهَى  
رِضَايَ، اللَّهُمَّ إِنِّي ضَعِيفٌ فَقَوِّنِي، اللَّهُمَّ إِنِّي ذَلِيلٌ فَأَعِزَّنِي، اللَّهُمَّ إِنِّي فَقِيرٌ فَأَرْزُقْنِي

O Allah – I am weak, please strengthen my weakness in pursuit of Your pleasure, take me to goodness by my forelock, and make loving-surrender to You my ultimate pleasure. O Allah, I am weak, please strengthen me. O Allah, I am abased, please dignify me. O Allah I am indigent, please provide for me.

*Ibn Abi Shayba and Al-Hakim.* Whoever Allah wishes good for, He teaches him this supplication which he then never forgets.



اللَّهُمَّ أَرْزُقْنِي حُبَّكَ، وَحُبَّ مَنْ يَنْفَعُنِي حُبُّهُ عِنْدَكَ، اللَّهُمَّ مَا رَزَقْتَنِي مِمَّا أَحَبُّ، فَأَجْعَلْهُ لِي قُوَّةً  
فِيمَا تُحِبُّ، اللَّهُمَّ مَا زَوَيْتَ عَنِّي مِمَّا أَحَبُّ، فَأَجْعَلْهُ لِي فَرَاغًا فِيمَا تُحِبُّ

*Al-Tirmidhi.* O Allah, grant me Your love and the love of one whose love benefits me with You. O Allah, whatever You have bestowed upon me of what I love, make it for me strength in what You love. O Allah, whatever You withhold from me of what I love, make it free energy for me in what You love.



اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ أَهْلِ بَيْتِ نَبِيِّكَ  
[صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ آلِ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ  
أَصْحَابِ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ أَنْبِيَائِكَ وَرُسُلِكَ [عَلَى رُسُولِنَا وَعَلَيْهِمْ  
الصَّلَاةُ وَالسَّلَامُ]، وَحُبَّ آلِ كُلِّ وَأَصْحَابِ كُلِّ [عَلَى رُسُولِنَا وَعَلَيْهِمُ الصَّلَاةُ وَالسَّلَامُ]، وَحُبَّ  
مَلَائِكَتِكَ [عَلَيْهِمُ السَّلَامُ]، وَحُبَّ أَوْلِيَائِكَ، وَحُبَّ الصَّالِحِينَ مِنْ عِبَادِكَ

O Allah, I implore You for Your love, the love of Your Prophet [may Allah the Exalted send His peace and salutations upon him and his family], the love of the

Household of Your Prophet [may Allah the Exalted send His peace and salutations upon him and his family], the love of the family of Your Prophet [may Allah the Exalted send His peace and salutations upon him and his family], the love of the Companions of Your Prophet [may Allah the Exalted send His peace and salutations upon him and his family], the love of Your Prophets and Messengers [upon our Messenger and upon them all be peace and salutations], and the love of their families and companions [upon our Messenger and upon them all be peace and salutations], the love of Your Angels [upon them be peace], the love of Your intimate friends and the love of the righteous from amongst Your servants.



اللَّهُمَّ رَحْمَتَكَ أَرْجُو فَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ، وَأَصْلِحْ لِي شَأْنِي كُلَّهُ لَا إِلَهَ إِلَّا أَنْتَ

O Allah, Your loving-mercy I seek. Do not entrust me to myself for even the blinking of an eye, and rectify for me all my affairs. There is none to be worshiped besides You.

*Al-Nasa'i, Abu Dawud, Musnad Ahmad.* The Messenger of Allah ﷺ said that this is the supplication for the one who is distressed and anguished.



اللَّهُمَّ أَصْلِحْ لَنَا دِينَنَا الَّذِي هُوَ عِصْمَةُ أَمْرِنَا، وَأَصْلِحْ لَنَا دُنْيَانَا الَّتِي فِيهَا مَعَاشُنَا، وَأَصْلِحْ لَنَا آخِرَتَنَا الَّتِي إِلَيْهَا مَعَادُنَا، وَأَجْعَلِ الْحَيَاةَ زِيَادَةً لَنَا فِي كُلِّ خَيْرٍ، وَأَجْعَلِ الْمَوْتَ رَاحَةً لَنَا مِنْ كُلِّ شَرٍّ

*Muslim.* O Allah, rectify for us our faith which is the protection of our affairs, rectify for us our worldly matters in which is our livelihood, rectify for us our afterlife in which lies our final destination, make life a means of increase for us in every virtue, and make death a rest for us from every evil.



اللَّهُمَّ أَقْسِمُ لَنَا مِنْ حَشِيَّتِكَ مَا تَحُولُ بِهِ بَيْنَنَا وَبَيْنَ مَعْصِيَّتِكَ، وَمِنْ طَاعَتِكَ مَا تُبَلِّغُنَا بِهِ جَنَّتِكَ،  
 وَمِنْ الْيَقِينِ مَا تُهَوِّنُ بِهِ عَلَيْنَا مَصَائِبَ الدُّنْيَا، اللَّهُمَّ مَتَّعْنَا بِأَسْمَاعِنَا، وَأَبْصَارِنَا، وَقُوَّتِنَا مَا أَحْيَيْتَنَا،  
 وَاجْعَلْهُ الْوَارِثَ مِنَّا، وَاجْعَلْ ثَأْرَنَا عَلَيَّ مَنْ ظَلَمْنَا، وَانصُرْنَا عَلَى مَنْ عَادَانَا، وَلَا تَجْعَلْ مُصِيبَتَنَا فِي  
 دِينِنَا، وَلَا تَجْعَلِ الدُّنْيَا أَكْبَرَ هَمِّنَا وَلَا مَبْلَغَ عِلْمِنَا، وَلَا تُسَلِّطْ عَلَيْنَا بَدُونَنَا مَنْ لَا يَرْحَمُنَا

O Allah, apportion for us a reverential-awe of You that intervenes between us and disobedience of You, an obedience that will deliver us to Your Paradise, and a certitude that will lighten for us the calamities of this world. [O Allah], comfort us with our hearing, our sight and our ability as long as You keep us alive, and make it our legacy that lives on. [O Allah], take just retribution on those who oppress us, and grant us victory and support over those who aggress against us. [O Allah], let not calamities afflict our faith, let not worldly affairs be our overriding concern or the ultimate limit of our knowledge, and place not over us, on account of our sins, those who do not show us loving-mercy.

*Al-Tirmidhi and Al-Nasa'i.* The Messenger ﷺ would never stand up from a gathering before reciting this.



يَا مَنْ لَا تَرَاهُ الْعُيُونُ، وَلَا تُحَالِطُهُ الظُّنُونُ، وَلَا يَصِفُهُ الْوَاصِفُونَ، وَلَا تُغَيِّرُهُ الْحَوَادِثُ، وَلَا يَحْشَى  
 الدَّوَابِّرَ، يَعْلَمُ مَثَاقِيلَ الْجِبَالِ، وَمَكَائِيلَ الْبِحَارِ، وَعَدَدَ قَطْرِ الْأَمْطَارِ، وَعَدَدَ وَرَقِ الْأَشْجَارِ، وَعَدَدَ مَا  
 أَظْلَمَ عَلَيْهِ اللَّيْلُ، وَأَشْرَقَ عَلَيْهِ النَّهَارُ، لَا تُوَارِي مِنْهُ سَمَاءَ سَمَاءٍ، وَلَا أَرْضُ أَرْضًا، وَلَا بَحْرٌ مَا فِي  
 قَعْرِهِ، وَلَا جَبَلٌ مَا فِي وَغْرِهِ، اجْعَلْ خَيْرَ عُمْرِي آخِرَهُ، وَخَيْرَ عَمَلِي خَوَاتِمَهُ، وَخَيْرَ أَيَّامِي يَوْمَ الْقَاكَ

فِيهِ

O the One whom the eyes cannot see; Whom thoughts and feelings cannot proximate; Whom no describer can describe; Whom circumstance and time cannot change; Who is impervious to what befalls of consequence; Who knows the weight of the mountains, the volume of the seas, the number of droplets of rain, the number of leaves on the trees, and the number of all that night covers in darkness

and day illuminates in light – no Heaven can conceal from Him another Heaven, nor an Earth conceal another Earth, nor the sea conceal what lies deep within its depths, nor a mountain conceal what lies within its rugged landscape – make the best of my life the last of it, the best of my deeds the conclusion of them, and the best of my days the day in which I meet You.

*Al-Tabarani and Al-Bayhaqi.* The Messenger ﷺ gifted gold to a bedouin that recited this supplication due to what it contained of beautiful, eloquent praise of Allah.



اللَّهُمَّ إِنَّكَ تَسْمَعُ كَلَامِي، وَتَرَى مَكَانِي، وَتَعْلَمُ سِرِّي وَعَلَانِيَتِي، وَلَا يَخْفَى عَلَيْكَ شَيْءٌ مِنْ أَمْرِي، وَأَنَا الْبَائِسُ الْفَقِيرُ، الْمُسْتَغِيثُ الْمُسْتَجِيرُ، الْوَجِلُ الْمَشْفِقُ الْمُقَرُّ الْمُعْتَرِفُ إِلَيْكَ بِذَنْبِهِ، أَسْأَلُكَ مَسْأَلَةَ الْمَسْكِينِ، وَأَبْتَهُلُ إِلَيْكَ ابْتِهَالَ الْمَذْنِبِ الذَّلِيلِ، وَأَدْعُوكَ دُعَاءَ الْخَائِفِ الضَّرِيرِ، دُعَاءَ مَنْ خَضَعَتْ لَكَ رَقَبَتُهُ، وَفَاضَتْ لَكَ عَبْرَتُهُ، وَذَلَّ لَكَ جِسْمُهُ، وَرَغَمَ لَكَ أَنْفُهُ. اللَّهُمَّ لَا تَجْعَلْنِي بِدُعَائِكَ شَقِيئًا، وَكُنْ بِي رَوْفًا يَا خَيْرَ الْمَسْئُولِينَ، وَيَا خَيْرَ الْمُعْطِينَ

*Al-Tabarani and Al-Bayhaqi.* O Allah, You hear my petition, You see my condition and You know my hidden and my manifest. Nothing of me is concealed from You. I am the miserable and impoverished one, appealing for Your rescue and shelter. I am the frightened and fearful one, confessing and acknowledging to You of his sins. I ask You, destitute. I implore You, sinful and humiliated. I call upon You, fearful and aware of my blindness – the call of one whose neck lies submitted before You, whose eyes are flooded with tears, whose body is humbled in servitude to You and whose being is subdued before You. O Allah, please do not allow me to be disappointed in my supplication, and be compassionate with me – O the Best of Those Who Are Asked, O the Best of Those Who Bestow.



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ صَلَاةً تُنَجِّنَا بِهَا مِنْ جَمِيعِ الْأَهْوَالِ وَالْآفَاتِ، وَتَقْضِي لَنَا بِهَا جَمِيعَ  
الْحَاجَاتِ، وَتُطَهِّرُنَا بِهَا مِنْ جَمِيعِ السَّيِّئَاتِ، وَتَرْفَعُنَا بِهَا عِنْدَكَ أَعْلَى الدَّرَجَاتِ، وَتُبَلِّغُنَا بِهَا أَقْصَى  
الْغَايَاتِ، مِنْ جَمِيعِ الْخَيْرَاتِ فِي الْحَيَاةِ وَبَعْدَ الْمَمَاتِ

O Allah, send Your peace and salutations upon our Master Muhammad, a peace and salutation that grants us salvation from all calamities and afflictions, fulfills for us all needs, purifies us from all evil, elevates us with You to the highest degrees, and causes us to realize the greatest aims of all good in this world and after death.

*Al-Jazuli (Dala'il al-Khayrat)*. This formula of *salawat*, called *Salat al-Munjiya*, is attributed to numerous saintly scholars, all of whom report immense virtue in its recitation. Among them: erasure of sins; resolution of worries, difficulties and troubles; acceptance of supplications; realization of hopes and aspirations; ease of provision; and spiritual purification.



## ADHKĀR AFTER ṢALĀH

أَسْتَغْفِرُ اللَّهَ (3)

I seek forgiveness from Allah.

**Thrice**

*Muslim.*



اللَّهُ أَكْبَرُ (3)

Allah is greater...

**Thrice**

*Al-Bukhari and Muslim.*



اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

*Muslim.* O Allah, You are the Source of Peace and from You comes all peace.  
Sanctified are You, O Possessor of Majesty and Grace.



اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

O Allah, assist me to remember You, be grateful to You, and worship You in the most perfect way.

*Abu Dawud, Al-Nasa'i, Ibn Hibban and Others.* The Messenger ﷺ took Sayyidana Mu'adh ibn Jabal by hand, told him that he truly loved him, and advised him to read this supplication after every obligatory prayer.



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، بِيَدِهِ الْخَيْرُ، يُحْيِي وَيُمِيتُ، وَهُوَ عَلَى كُلِّ

شَيْءٍ قَدِيرٌ (10)

There is none to be worshiped besides Allah, who is singularly worthy of worship, without partner. To Him belongs all sovereignty and praise. In His Hand is all goodness. He gives life and death, and He has power over all things.

### **Ten times after *Fajr* and *Maghrib***

*Musnad Ahmad and Al-Tirmidhi.* Whoever recites this ten times after *Maghrib* and *Fajr*, for each utterance, ten good deeds are recorded for him; ten evil deeds are wiped away; he will be raised ten spiritual degrees; it will be a protection for him from every harm; he will be guarded from the accursed Satan; he will be protected on that day from the negative effects of sin, except associating partners with Allah; he will be rewarded as though he freed ten believing slaves and he will be among those whose deeds are most beautiful and excellent — and he will be surpassed by another only if the latter recites something better.



اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ (7)

O Allah, save me from the Fire of Hell.

**Seven times** after *Fajr*

*Musnad Ahmad, Al-Nasa'i, Abu Dawud.* Whoever recites this seven times after *Fajr* and before speaking to anyone will be protected from Hell if they died on that day.



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ، اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ (7)

O Allah, I ask you for Paradise; O Allah, save me from the Fire of Hell.

**Seven times** after *Maghrib*

*Musnad Ahmad.* Whoever recites this seven times after *Maghrib* and before speaking to anyone will be protected from Hell if they died on that night.



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is none to be worshiped besides Allah, who is singularly worthy of worship, without partner. To Him belongs all sovereignty and praise, and He has power over all things.

**Once** after *Dhuhr*, '*Asr* and '*Isha*'

*Abu Dawud, Ibn Majah, Musnad Ahmad.* Whoever recites this will have the reward of freeing a slave from the progeny of Sayyiduna Isma'il ( '*alayhi al-salam*); ten



good deeds will be recorded for him; ten sins will be erased; he will be raised ten spiritual degrees; and it will be a protection for him from Satan.



اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِي لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

*Al-Bukhari and Muslim.* O Allah, none can withhold what You bestow, and none can bestow what You withhold. And neither wealth nor prominence can benefit their possessor with You.



لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،  
لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ

*Muslim.* There is none to be worshiped besides Allah, and we worship none except Him. For Him is all favor, grace and virtuous praise, and He has power over all things. There is none to be worshiped besides Allah and we are truthfully devoted to Him in our way of life, even if the disbelievers are averse to it.



﴿اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ﴾

Allah – there is no god besides Him, The Ever-Living, The Self-Subsisting. He is not affected by slumber or sleep. To Him belongs all in the Heavens and all in the earth. Who is there that can intercede with Him except as He permits? He knows what is before them, and what is behind them. And they encompass nothing of His

knowledge except as He wills. His *Kursi* encompasses the Heavens and earth, and He experiences no difficulty in preserving them. And He is the Exalted, the Tremendous. ﴿The Cow - 2:255﴾

*Al-Tabarani, Al-Nasa'i, Ibn Hibban, Al-Hakim.* Whoever recites this verse after every obligatory prayer, only death will stand between him and entry into Paradise. One who recites it in the morning will be protected from *Jinn* until the evening; and one who recites it in the evening will be protected from *Jinn* until the morning.



Sūrat al-Ikhlāṣ: ﴿قُلْ هُوَ اللَّهُ أَحَدٌ...﴾

Sūrat al-Falaq: ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ...﴾

Sūrat al-Nās: ﴿قُلْ أَعُوذُ بِرَبِّ النَّاسِ...﴾

**Once** after *Dhuhr*, '*Asr* and '*Isha*'  
**Three times** after *Fajr* and *Maghrib*

*Al-Nasa'i, Abu Dawud, Al-Tirmidhi, Musnad Ahmad.* There is nothing better to recite than these chapters to seek refuge from all forms of evil. The one who recites them three times in the morning and evening will be sufficed against everything.



Sūrat al-Ikhlāṣ: ﴿قُلْ هُوَ اللَّهُ أَحَدٌ...﴾

**Ten times** after every obligatory prayer

*Muslim, Ibn Majah, Al-Tirmidhi, Al-Nasa'i, Al-Tabarani.* Whoever recites this with faith ten times after every obligatory prayer may enter Paradise from any door he

wishes. It comes in numerous texts that this *Surah* is equivalent to one third of the Qur'an.



سُبْحَانَ اللَّهِ (33)

Transcendent is Allah.

الْحَمْدُ لِلَّهِ (33)

All praise and gratitude belong to Allah.

اللَّهُ أَكْبَرُ (33)

Allah is greater...

**Thirty-three times each**

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

There is none to be worshiped besides Allah, who is singularly worthy of worship, without partner. To Him belong all sovereignty and praise, and He has power over all things.

*Muslim and Al-Tirmidhi.* Whoever recites the above sequence of remembrance after every obligatory prayer, their sins will be forgiven even if as great as the foam of sea, and they will never be disappointed. Additionally, a tree is planted and grown in Paradise for each individual utterance.



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْأَوَّلِينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْآخِرِينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي النَّبِيِّينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْمُرْسَلِينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْمَلَائِكَةِ الْأَعْلَى إِلَى يَوْمِ الدِّينِ (3)

*Al-Jazuli (Dala'il al-Khayrat)*. O Allah, send Your salutations of peace upon our Master Muhammad with the first ones, send Your salutations of peace upon our Master Muhammad with the last ones, send Your salutations of peace upon our Master Muhammad with the Prophets, send Your salutations of peace upon our Master Muhammad with the Messengers, and send Your salutations of peace upon our Master Muhammad with those in the Highest Assembly until the Day of Judgement.

**Thrice**



اللَّهُمَّ صَلِّ صَلَاةً كَامِلَةً \* وَسَلِّمْ سَلَامًا تَامًّا \* عَلَى سَيِّدِنَا مُحَمَّدٍ تَنْحَلُّ بِهِ الْعُقْدُ \* وَتَنْفَرُجُ بِهِ الْكُرْبُ \* وَتُقْضَى بِهِ الْحَاجَاتُ \* وَتُنَالُ بِهِ الرَّغَائِبُ وَحُسْنُ الْخَوَاتِمِ \* وَيُسْتَسْقَى الْعَمَامُ بِوَجْهِهِ الْكَرِيمِ \* وَعَلَى آلِهِ وَصَحْبِهِ \* فِي كُلِّ لَمْحَةٍ وَنَفْسٍ بَعْدَ كُلِّ مَعْلُومٍ لَكَ (11)

O Allah, send a perfect prayer and complete greeting of peace upon our Master Muhammad — the one by whom problems are solved, anxieties are relieved, needs are fulfilled, aspirations are attained and good endings are received, and by whose noble face the clouds give rain — and upon his Family and Companions, with every glance and every breath, by the number of everything that is known to You.

**11 times** after every obligatory prayer

*Al-Qurtubi and Others*. Our saintly scholars report numerous virtues in reciting both *salawat* with regularity. Among them: erasure of sins; resolution of worries, difficulties and troubles; acceptance of supplications; realization of hopes and aspirations; ease of provision; and spiritual purification.



اللَّهُمَّ إِنِّي أَسْأَلُكَ الثَّبَاتَ فِي الْأَمْرِ، وَأَسْأَلُكَ التَّثَبُّتَ وَالتَّثَبُّبَ فِي الْأُمُورِ، وَالْعَزِيمَةَ عَلَى الرَّشْدِ،  
وَأَسْأَلُكَ شُكْرَ نِعْمَتِكَ وَحُسْنَ عِبَادَتِكَ، وَأَسْأَلُكَ قَلْبًا سَلِيمًا، وَلِسَانًا صَادِقًا، وَيَقِينًا صَادِقًا،  
وَأَسْأَلُكَ خُلُقًا مُسْتَقِيمًا، وَأَسْأَلُكَ مِنْ خَيْرِ مَا تَعْلَمُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا تَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا  
تَعْلَمُ، إِنَّكَ أَنْتَ عَالِمُ الْغُيُوبِ

O Allah, I ask You for steadfastness in the matter of my faith. I ask You for discerning clarity in every matter, and resolution upon guidance and goodness. I ask You for gratitude for Your favors and to worship You in the most perfect way. I ask You for a sound and healthy heart, a truthful tongue, and true certainty. I ask You for steadfastly upright character. I ask You for the good of creation which is in Your knowledge, I seek refuge in You from the evil of creation which is in Your knowledge, and I seek forgiveness from You for what You know. Surely, You are the Knower of the Unseen.

*Al-Nasa'i, Al-Tirmidhi, Ibn Hibban, Al-Hakim.* The Messenger of Allah ﷺ advised us to treasure these words when we see people amassing the treasures of wealth.

In addition to this supplication, it is strongly recommended to include others that one is familiar with. Among the times in which supplications are answered are after the obligatory prayer (*Tirmidhi*).



## FRIDAY ADHKĀR

### Recitation of *Surat al-Kahf* (or ten verses from its beginning and/or end)

*Muslim, Al-Hakim, Al-Darimi, Al-Mundhiri and Others.* The one who recites *Surat al-Kahf* on Friday will be granted an illuminating light between him and the *Ka'ba*; will be granted an illuminating light from one Friday to the next; will be granted an illuminating light from his feet to the sky, which will shine for him on the Day of Judgement; will have his sins between the two Fridays forgiven; and will be protected from the False Messiah (*Dajjal*) – including, for this latter virtue, one who reads its first and/or last ten verses.



اللَّهُمَّ صَلِّ عَلَيَّ [سَيِّدِنَا] مُحَمَّدٍ وَعَلَى آلِهِ (1000)

O Allah, send Your salutations of peace upon [our Master] Muhammad and upon his family.

**1000 times**

*Muslim, Al-Nasa'i, Ibn Majah, Abu Dawud, Musnad Ahmad, Al-Tabarani, Al-Bayhaqi (Shu'ab al-Iman) and Others.* The copious virtues of *salawat* on the Messenger ﷺ are mentioned in many *ahadith*. Among them: When a person sends one *salah* upon the Messenger ﷺ, Allah, sends ten *salawat* upon him, ten of his sins are erased and he is raised in ten spiritual degrees; if a person sends 100 *salawat* upon the Messenger ﷺ, Allah decrees for him freedom from hypocrisy and Hell, and places him with the martyrs on the Day of Judgement; *salawat* to the Messenger ﷺ is presented to him in his intermedial existence [*i.e the barzakh*]; the angels send *salawat* upon one who sends *salawat* upon the Messenger ﷺ; the Messenger ﷺ returns the greetings of peace (*salam*) that are sent to him; and the

closest to the Messenger ﷺ on the Day of Judgement are those who sent the most *salawat* upon him ﷺ.

*Abu Dawud, Al-Tabarani and Others.* As for Fridays: The Messenger ﷺ encouraged us to send abundant *salawat* upon him on Friday, the best day of the week; and the one who sends 100 *salawat* upon him on the day and night of Friday will have 100 needs of his met by Allah – 70 in the Next world, and 30 in this world – and Allah will appoint an angel to convey this *salawat* to him ﷺ while mentioning the sender's name and lineage.



## ADDITIONAL DAILY ADHKĀR

أَسْتَغْفِرُ اللَّهَ [الْعَظِيمِ] الَّذِي لَا إِلَهَ إِلَّا هُوَ، الْحَيُّ الْقَيُّومُ، وَأَتُوبُ إِلَيْهِ (100)

I seek forgiveness from Allah, [the Tremendous] – there is none to be worshiped besides Him, the Ever-Living, the Self-Subsisting – and I turn in repentance to Him.

**100 times** in the morning and evening

*Abu Dawud, Al-Tirmidhi, Al-Hakim. In Musnad Ahmad, it is related that Allah will grant one who seeks plentiful forgiveness relief from every worry, an exit from every hardship and provide for him in ways unexpected.*



سُبْحَانَ اللَّهِ وَبِحَمْدِهِ (100)

Transcendent is Allah and all praise is for Him.

**100 times** in the morning and evening

*Al-Bukhari, Muslim, Al-Tirmidhi. Whoever recites this 100 times will have his sins forgiven, even if they are as plentiful as the foam of the sea.*



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (100)

There is none to be worshiped besides Allah – who is singularly worthy of worship, without partner. To Him belongs all sovereignty and praise, and He has power over all things.

**100 times** in the morning and evening



*Al-Bukhari and Muslim.* The one who recites this 100 times will have the reward of emancipating ten slaves, be granted a hundred virtues, a hundred sins will be erased from his record, it will be a protection for him during the day from Satan, and he will be surpassed by another only if the latter recites more than him.



اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَيَّ [سَيِّدِنَا] مُحَمَّدٍ وَعَلَى آلِهِ (100)

O Allah, send Your salutations of peace and loving-mercy upon [our Master] Muhammad and upon his family.

**100 times** in the morning and evening

Please see the Friday *adhkar* for the virtues of *salawat* upon the Messenger ﷺ.



## ARABIC ONLY VERSION

### MORNING AND EVENING ADHKĀR

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

**Three times** in the evening



بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ إِسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

**Three times** in the morning and evening



حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

**Seven times** in the morning and evening



اللَّهُمَّ بِكَ أَصْبَحْنَا وَأَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ الْمَصِيرُ



أَصْبَحْنَا وَأَمْسَيْنَا عَلَى فِطْرَةِ الْإِسْلَامِ، وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَعَلَى مِلَّةِ أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ



اللَّهُمَّ مَا أَصْبَحَ أُمْسَى بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ، فَلَكَ  
الْحَمْدُ وَلَكَ الشُّكْرُ



اللَّهُمَّ إِنِّي أَصْبَحْتُ أُمْسَيْتُ أَشْهَدُكَ، وَأُشْهَدُ حَمَلَةَ عَرْشِكَ، وَمَلَائِكَتَكَ، وَجَمِيعَ خَلْقِكَ، أَنَّكَ  
أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ، وَأَنَّ [سَيِّدَنَا] مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ  
**Four times in the morning and evening**



رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَ[بِسَيِّدِنَا] مُحَمَّدٍ [صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ] نَبِيًّا وَرَسُولًا  
**Three times in the morning and evening**



اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا أَسْتَطَعْتُ، أَعُوذُ  
بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي، فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا  
أَنْتَ





اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ الْفَاتِحِ لِمَا أُغْلِقَ، وَالْخَاتِمِ لِمَا سَبَقَ، نَاصِرِ الْحَقِّ بِالْحَقِّ، وَالْهَادِي  
إِلَى صِرَاطِكَ الْمُسْتَقِيمِ، وَعَلَى آلِهِ حَقَّ قَدْرِهِ وَمَقْدَارِهِ الْعَظِيمِ  
**Ten times in the morning and evening**



سُبْحَانَ اللَّهِ عَدَدَ خَلْقِهِ، سُبْحَانَ اللَّهِ رِضَا نَفْسِهِ، سُبْحَانَ اللَّهِ زِينَةَ عَرْشِهِ، سُبْحَانَ اللَّهِ مِدَادَ كَلِمَاتِهِ  
**Three times in the morning and evening**



الْحَمْدُ لِلَّهِ عَدَدَ خَلْقِهِ، الْحَمْدُ لِلَّهِ رِضَا نَفْسِهِ، الْحَمْدُ لِلَّهِ زِينَةَ عَرْشِهِ، الْحَمْدُ لِلَّهِ مِدَادَ كَلِمَاتِهِ  
**Three times in the morning and evening**



لَا إِلَهَ إِلَّا اللَّهُ عَدَدَ خَلْقِهِ، لَا إِلَهَ إِلَّا اللَّهُ رِضَا نَفْسِهِ، لَا إِلَهَ إِلَّا اللَّهُ زِينَةَ عَرْشِهِ، لَا إِلَهَ إِلَّا اللَّهُ مِدَادَ  
كَلِمَاتِهِ  
**Three times in the morning and evening**



اللَّهُ أَكْبَرُ عَدَدَ خَلْقِهِ، اللَّهُ أَكْبَرُ رِضَا نَفْسِهِ، اللَّهُ أَكْبَرُ زِينَةَ عَرْشِهِ، اللَّهُ أَكْبَرُ مِدَادَ كَلِمَاتِهِ

**Three times** in the morning and evening



لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ، عَدَدَ مَا خَلَقَ فِي السَّمَاءِ، وَعَدَدَ مَا خَلَقَ فِي الْأَرْضِ، وَعَدَدَ  
مَا خَلَقَ بَيْنَهُمَا، وَعَدَدَ مَا هُوَ خَالِقُ

**Three times** in the morning and evening



لَا إِلَهَ إِلَّا اللَّهُ الْمَلِكُ الْحَقُّ الْمُبِينُ

**Seven times** in the morning and evening



أَصْبَحْنَا وَأَصْبَحَ الْمُسْلِمُونَ وَأَمْسَى الْمَلِكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ  
الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا النَّهَارِ هَذِهِ اللَّيْلَةَ وَخَيْرَ  
مَا بَعْدَهُ مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا النَّهَارِ هَذِهِ اللَّيْلَةَ وَشَرِّ مَا بَعْدَهُ مَا بَعْدَهَا، رَبِّ  
أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسَوْءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ



أَصْبَحْنَا وَأَصْبَحَ/أَمْسَيْنَا وَأَمْسَى الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ/هَذِهِ  
الَّيْلَةِ، فَتَحَهُ/فَتَحَهَا، وَنَصْرَهُ/وَنَصَرَهَا، وَنُورَهُ/وَنُورَهَا، وَبَرَكَتَهُ/وَبَرَكَتَهَا، وَهُدَاهُ/وَهْدَاهَا، وَأَعُوذُ بِكَ  
مِنْ شَرِّ مَا فِيهِ/فِيهَا وَشَرِّ مَا بَعْدَهُ/بَعْدَهَا



اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ رَبِّ كُلِّ شَيْءٍ وَمَلِيكُهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا  
أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَه [وَشَرِّكَه]، وَأَنْ أَفْتَرِفَ عَلَى نَفْسِي سُوءًا  
أَوْ أَجْرَهُ إِلَى مُسْلِمٍ



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي  
وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رُوعَاتِي، وَأَحْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي  
وَعَنْ يَمِينِي وَعَنْ شِمَالِي وَمِنْ فَوْقِي وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي



اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، عَلَيْكَ تَوَكَّلْتُ وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ، مَا شَاءَ اللَّهُ كَانَ، وَمَا لَمْ  
يَشَأْ لَمْ يَكُنْ. لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. أَعْلَمُ أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَأَنَّ اللَّهَ قَدْ  
أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا، وَأَحْصَى كُلَّ شَيْءٍ عَدَدًا. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ  
كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا، إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ

**Three times in the morning and evening**



اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ

**Three times in the morning and evening**



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ وَأَعُوذُ بِكَ مِنْ عَذَابِ فِي الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

**Three times in the morning and evening**



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْأَرْبَعِ: مِنْ عِلْمٍ لَا يَنْفَعُ، وَمِنْ قَلْبٍ لَا يَخْشَعُ، وَمِنْ نَفْسٍ لَا تَشْبَعُ، وَمِنْ  
دُعَاءٍ لَا يُسْمَعُ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ سَمْعِي، وَمِنْ شَرِّ بَصَرِي، وَمِنْ شَرِّ لِسَانِي، وَمِنْ شَرِّ قَلْبِي، وَمِنْ شَرِّ

مَنْبِي



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ فَرْجِي، وَمِنْ شَرِّ بَطْنِي، وَمِنْ شَرِّ قَدَمَيْي، وَمِنْ شَرِّ يَدَيْي، وَمِنْ شَرِّ

شَهْوَتِي، وَمِنْ شَرِّ هَوَايَ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شُحِّ مَطَاعٍ، وَمِنْ هَوَى مُتَّبِعٍ، وَمِنْ دُنْيَا مُؤَثَّرَةٍ، وَمِنْ إِعْجَابِي بِنَفْسِي،  
وَمِنْ إِعْجَابِي بِرَأْيِي



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ مُنْكَرَاتِ الْأَخْلَاقِ، وَالْأَعْمَالِ، وَالْأَهْوَاءِ، وَالْأَدْوَاءِ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الشُّكِّ وَالشَّرِّكَ وَالنِّفَاقِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالشَّقَاقِ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكِبْرِ وَالْعُجْبِ وَالْغُرُورِ وَمِنَ السَّمْعَةِ وَالرِّيَاءِ وَالْخِيَلَاءِ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْحِرْصِ وَالْحِقْدِ وَالْحَسَدِ وَالطَّمَعِ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْغُلِّ وَالْغَشِّ وَالْغَدْرِ وَمِنَ الْكَذِبِ وَالْخَدِيعَةِ وَالْخِيَانَةِ





اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَدَاةِ وَالْجَفَاءِ وَقِلَّةِ الْحَيَاءِ وَقِلَّةِ الْوَفَاءِ



اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ  
وَالْبُخْلِ، وَأَعُوذُ بِكَ مِنَ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ



اللَّهُمَّ طَهِّرْ قَلْبِي مِنْ كُلِّ دَاءٍ، اللَّهُمَّ زَيِّنْ قَلْبِي لَكَ وَلِيَوْمِ الْعَرْضِ عَلَيْكَ



اللَّهُمَّ أَقْمِنِي بِصِدْقِ الْعُبُودِيَّةِ بَيْنَ يَدَيْكَ، اللَّهُمَّ اجْعَلْنِي أَعْبُدُكَ كَمَا كَانِي أَرَاكَ



أَهْدِنِي لِأَحْسَنِ الْأَخْلَاقِ، لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ، وَأَصْرِفْ عَنِّي سَيِّئَهَا لَا يَصْرِفُ [اللَّهُمَّ]  
عَنِّي سَيِّئَهَا إِلَّا أَنْتَ، لَبَّيْكَ وَسَعْدَيْكَ، وَالْخَيْرُ كُلُّهُ بِيَدَيْكَ، وَالشَّرُّ لَيْسَ إِلَيْكَ، أَنَا بِكَ وَإِلَيْكَ،  
تَبَارَكَ وَتَعَالَيْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ



اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوٌ فِي رِضَاكَ ضَعْفِي، وَخُذْ إِلَيَّ الْخَيْرَ بِنَاصِيَّتِي، وَأَجْعَلِ الْإِسْلَامَ مُنْتَهَى  
رِضَايَ، اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوٌ فِي رِضَاكَ ضَعْفِي، اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوٌ فِي رِضَاكَ ضَعْفِي، اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوٌ فِي رِضَاكَ ضَعْفِي



اللَّهُمَّ أَرْزُقْنِي حُبَّكَ، وَحُبَّ مَنْ يَنْفَعُنِي حُبُّهُ عِنْدَكَ، اللَّهُمَّ مَا رَزَقْتَنِي مِمَّا أَحَبُّ، فَأَجْعَلْهُ لِي قُوَّةً  
فِيمَا تُحِبُّ، اللَّهُمَّ مَا زَوَيْتَ عَنِّي مِمَّا أَحَبُّ، فَأَجْعَلْهُ لِي فَرَاغًا فِيمَا تُحِبُّ



اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ أَهْلِ بَيْتِ نَبِيِّكَ  
[صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ آلِ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ  
أَصْحَابِ نَبِيِّكَ [صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ]، وَحُبَّ أَنْبِيَائِكَ وَرُسُلِكَ [عَلَى رُسُولِنَا وَعَلَيْهِمْ  
الصَّلَاةُ وَالسَّلَامُ]، وَحُبَّ آلِ كُلِّ وَأَصْحَابِ كُلِّ [عَلَى رُسُولِنَا وَعَلَيْهِمْ الصَّلَاةُ وَالسَّلَامُ]، وَحُبَّ  
مَلَائِكَتِكَ [عَلَيْهِمُ السَّلَامُ]، وَحُبَّ أَوْلِيَائِكَ، وَحُبَّ الصَّالِحِينَ مِنْ عِبَادِكَ



اللَّهُمَّ رَحْمَتَكَ أَرْجُو فَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ، وَأَصْلِحْ لِي شَأْنِي كُلَّهُ لَا إِلَهَ إِلَّا أَنْتَ



اللَّهُمَّ أَصْلِحْ لَنَا دِينَنَا الَّذِي هُوَ عِصْمَةُ أَمْرِنَا، وَأَصْلِحْ لَنَا دُنْيَانَا الَّتِي فِيهَا مَعَاشِنَا، وَأَصْلِحْ لَنَا آخِرَتَنَا  
الَّتِي إِلَيْهَا مَعَادُنَا، وَاجْعَلِ الْحَيَاةَ زِيَادَةً لَنَا فِي كُلِّ خَيْرٍ، وَاجْعَلِ الْمَوْتَ رَاحَةً لَنَا مِنْ كُلِّ شَرٍّ



اللَّهُمَّ أَقْسِمَ لَنَا مِنْ خَشْيَتِكَ مَا تَحُولُ بِهِ بَيْنَنَا وَبَيْنَ مَعْصِيَتِكَ، وَمِنْ طَاعَتِكَ مَا تُبَلِّغُنَا بِهِ جَنَّتِكَ،  
وَمِنْ الْيَقِينِ مَا تُهَوِّنُ بِهِ عَلَيْنَا مَصَائِبَ الدُّنْيَا، اللَّهُمَّ مَتَّعْنَا بِأَسْمَاعِنَا، وَأَبْصَارِنَا، وَقُوَّتِنَا مَا أَحْيَيْتَنَا،  
وَاجْعَلْهُ الْوَارِثَ مِنَّا، وَاجْعَلْ ثَأْرَنَا عَلَى مَنْ ظَلَمَنَا، وَانصُرْنَا عَلَى مَنْ عَادَانَا، وَلَا تَجْعَلْ مُصِيبَتَنَا فِي  
دِينِنَا، وَلَا تَجْعَلِ الدُّنْيَا أَكْبَرَ هَمِّنَا وَلَا مَبْلَغَ عِلْمِنَا، وَلَا تُسَلِّطْ عَلَيْنَا بَدُونَنَا مَنْ لَا يَرْحَمُنَا



يَا مَنْ لَا تَرَاهُ الْعُيُونُ، وَلَا تُخَالِطُهُ الظُّنُونُ، وَلَا يَصِفُهُ الْوَاصِفُونَ، وَلَا تُغَيِّرُهُ الْحَوَادِثُ، وَلَا يَخْشَى  
الدَّوَابِّ، يَعْلَمُ مَثَاقِيلَ الْجِبَالِ، وَمَكَائِيلَ الْبِحَارِ، وَعَدَدَ قَطْرِ الْأَمْطَارِ، وَعَدَدَ وَرَقِ الْأَشْجَارِ، وَعَدَدَ مَا  
أَظْلَمَ عَلَيْهِ اللَّيْلُ، وَأَشْرَقَ عَلَيْهِ النَّهَارُ، لَا تُوَارِي مِنْهُ سَمَاءَ سَمَاءٍ، وَلَا أَرْضَ أَرْضًا، وَلَا بَحْرًا مَا فِي  
قَعْرِهِ، وَلَا جَبَلًا مَا فِي وَعْرِهِ، اجْعَلْ خَيْرَ عُمْرِي آخِرَهُ، وَخَيْرَ عَمَلِي خَوَاتِمَهُ، وَخَيْرَ أَيَّامِي يَوْمَ الْقَاكَ

فِيهِ



اللَّهُمَّ إِنَّكَ تَسْمَعُ كَلَامِي، وَتَرَى مَكَانِي، وَتَعْلَمُ سِرِّي وَعَلَانِيَتِي، وَلَا يَخْفَى عَلَيْكَ شَيْءٌ مِنْ  
أَمْرِي، وَأَنَا الْبَائِسُ الْفَقِيرُ، الْمُسْتَعِيثُ الْمُسْتَجِيرُ، الْوَجِلُ الْمُسْتَفِيقُ الْمُتَقَرِّفُ الْمُعْتَرِفُ إِلَيْكَ بِذَنْبِهِ،  
أَسْأَلُكَ مَسْأَلَةَ الْمَسْكِينِ، وَأَبْتَهَلُ إِلَيْكَ أَبْتَهَالَ الْمَذْنِبِ الذَّلِيلِ، وَأَدْعُوكَ دُعَاءَ الْخَائِفِ الضَّرِيرِ،

دُعَاءٌ مِّنْ خَضَعْتَ لَكَ رَقَبَتَهُ، وَفَاضَتْ لَكَ عَبْرَتُهُ، وَذَلَّ لَكَ جِسْمُهُ، وَرَعِمَ لَكَ أَنْفُهُ. اللَّهُمَّ لَا  
تَجْعَلْنِي بِدُعَائِكَ شَقِيئًا، وَكُنْ بِي رُؤُوفًا يَا خَيْرَ الْمَسْئُولِينَ، وَيَا خَيْرَ الْمُعْطِينَ



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ صَلَاةً تُنَجِّينَا بِهَا مِنْ جَمِيعِ الْأَهْوَالِ وَالْآفَاتِ، وَتَقْضِي لَنَا بِهَا جَمِيعَ  
الْحَاجَاتِ، وَتُطَهِّرُنَا بِهَا مِنْ جَمِيعِ السَّيِّئَاتِ، وَتَرْفَعُنَا بِهَا عِنْدَكَ أَعْلَى الدَّرَجَاتِ، وَتُبَلِّغُنَا بِهَا أَقْصَى  
الْغَايَاتِ، مِنْ جَمِيعِ الْخَيْرَاتِ فِي الْحَيَاةِ وَبَعْدَ الْمَمَاتِ



## ADHKĀR AFTER ṢALĀH

أَسْتَغْفِرُ اللَّهَ

**Thrice**



اللَّهُ أَكْبَرُ

**Thrice**



اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ



اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، بِيَدِهِ الْخَيْرُ، يُحْيِي وَيُمِيتُ، وَهُوَ عَلَى كُلِّ

شَيْءٍ قَدِيرٌ

**Ten times after Fajr and Maghrib**



اللَّهُمَّ أَجْرِنِي مِنَ النَّارِ

**Seven times after *Fajr***



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ، اللَّهُمَّ أَجْرِنِي مِنَ النَّارِ

**Seven times after *Maghrib***



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

**Once after *Dhuhr*, '*Asr* and '*Isha*'**



اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ



لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،  
لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ



﴿اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ﴾



Sūrat al-Ikhlāṣ: ﴿قُلْ هُوَ اللَّهُ أَحَدٌ...﴾

Sūrat al-Falaq: ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ...﴾

Sūrat al-Nās: ﴿قُلْ أَعُوذُ بِرَبِّ النَّاسِ...﴾

**Once** after *Dhuhr*, *‘Asr* and *‘Isha*’  
**Three times** after *Fajr* and *Maghrib*



Sūrat al-Ikhlāṣ: ﴿قُلْ هُوَ اللَّهُ أَحَدٌ...﴾

**Ten times** after every obligatory prayer



سُبْحَانَ اللَّهِ

الْحَمْدُ لِلَّهِ

اللَّهُ أَكْبَرُ

**Thirty-three times** each

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْأَوَّلِينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْآخِرِينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي النَّبِيِّينَ، وَصَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ فِي الْمَلَائِكَةِ الْأَعْلَى إِلَى يَوْمِ الدِّينِ

Thrice



اللَّهُمَّ صَلِّ صَلَاةً كَامِلَةً \* وَسَلِّمْ سَلَامًا تَامًّا \* عَلَى سَيِّدِنَا مُحَمَّدٍ تَنْحَلُّ بِهِ الْعُقَدُ \* وَتَنْفَرُجُ بِهِ الْكُرْبُ \* وَتُقْضَى بِهِ الْحَاجَاتُ \* وَتُنَالُ بِهِ الرَّغَائِبُ وَحُسْنُ الْخَوَاتِمِ \* وَيُسْتَسْقَى الْغَمَامُ بِوَجْهِهِ الْكَرِيمِ \* وَعَلَى آلِهِ وَصَحْبِهِ \* فِي كُلِّ لَمْحَةٍ وَنَفْسٍ بَعْدَ كُلِّ مَعْلُومٍ لَكَ

11 times after every obligatory prayer



اللَّهُمَّ إِنِّي أَسْأَلُكَ الثَّبَاتَ فِي الْأَمْرِ، وَأَسْأَلُكَ الثَّوْبَتَ وَالثَّبِيَّتَ فِي الْأُمُورِ، وَالْعَزِيمَةَ عَلَى الرَّشْدِ، وَأَسْأَلُكَ شُكْرَ نِعْمَتِكَ وَحُسْنَ عِبَادَتِكَ، وَأَسْأَلُكَ قَلْبًا سَلِيمًا، وَلِسَانًا صَادِقًا، وَيَقِينًا صَادِقًا، وَأَسْأَلُكَ خُلُقًا مُسْتَقِيمًا، وَأَسْأَلُكَ مِنْ خَيْرِ مَا تَعْلَمُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا تَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا تَعْلَمُ، إِنَّكَ أَنْتَ عَلَّامُ الْغُيُوبِ



## FRIDAY ADHKĀR

Recitation of *Surat al-Kahf* (or ten verses from its beginning and/or end)



اللَّهُمَّ صَلِّ عَلَيَّ [سَيِّدِنَا] مُحَمَّدٍ وَعَلَى آلِهِ

1000 times



## ADDITIONAL DAILY ADHKĀR

أَسْتَغْفِرُ اللَّهَ [الْعَظِيمَ] الَّذِي لَا إِلَهَ إِلَّا هُوَ، الْحَيُّ الْقَيُّومُ، وَأَتُوبُ إِلَيْهِ

**100 times** in the morning and evening



سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

**100 times** in the morning and evening



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

**100 times** in the morning and evening



اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى [سَيِّدِنَا] مُحَمَّدٍ وَعَلَى آلِهِ

**100 times** in the morning and evening



